

METHOD OF COLLECTION

BLOOD

IMPORTANT IF YOU HAVE DIFFERENT TYPES OF SAMPLES TO TAKE, THE BLOOD SAMPLE SHOULD ALWAYS BE TAKEN LAST.

MATERIAL

To perform the blood test, which must be carried out by a licensed healthcare professional trained in laboratory blood collection, we provide you with:





A sampling body

A compress

A needle

An alcohol wipe

A bandage

The blood tube(s) corresponding to the prescribed tests

BEFORE TAKING YOUR SAMPLES: Please consult your doctor to see if your current treatment (medication, food supplement, etc.) should possibly be temporarily suspended.

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⚠ IMPORTANT

The blood sample must be taken while fasting.

To limit the risk of contamination, it is important to follow a specific order for collecting and filling the tubes:

1. dry / serum (red tube)
2. homocysteine (white tube)
3. trace element (dark blue tube)
4. heparinized (green tube)
5. EDTA (purple tube)
6. glucose / fluor (tube gris)

The number and type (color) of tubes are adapted according to the tests that have been prescribed for you.

Not all tests require all six types of tubes. If one of the colors is not present in the kit, the healthcare professional will proceed with the next tube.

Note the patient information on the label of each tube: name, surname, date of birth.

TO HAVE YOUR BLOOD SAMPLE TAKEN:

OPTION 1: VISIT ONE OF OUR PARTNER LABORATORIES.

OPTION 2: HIRE A PRIVATE NURSE.

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