

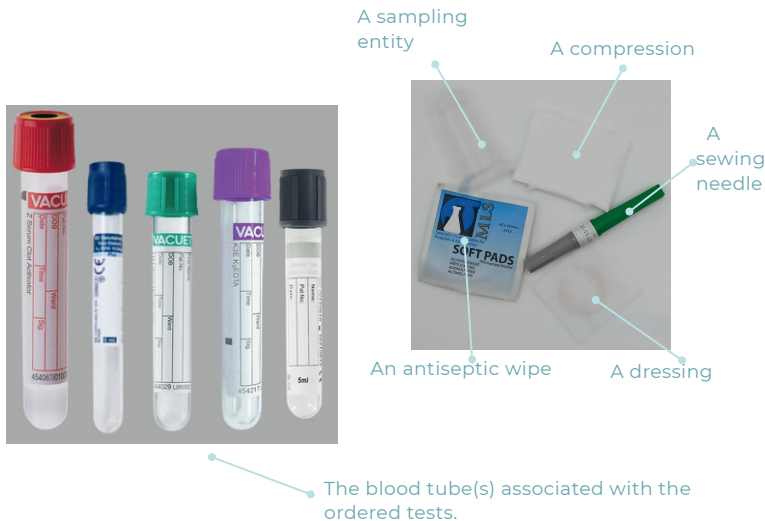
COLLECTION METHOD

BLOOD

! IMPORTANT WHEN COLLECTING VARIOUS TYPES OF SAMPLES, THE BLOOD SAMPLE SHOULD ALWAYS BE OBTAINED LAST.

MATERIAL

To conduct the blood test, which must be administered by a licensed healthcare professional skilled in laboratory blood collection, we offer you:



BEFORE COLLECTING YOUR SAMPLES: Kindly consult your physician to determine whether your current treatment (medication, dietary supplement, etc.) should be temporarily discontinued.





IMPORTANT

The blood sample should be collected while fasting.

To mitigate the risk of contamination, it is essential to adhere to a specific sequence for collecting and filling the tubes:

- 1 dry / serum (crimson tube)
- 2 trace element (navy blue tube)
- 3 heparinized (green tube)
- 4 EDTA (lavender tube)
- 5 glucose / fluoride (gray tube)

The quantity and type (color) of tubes are tailored to the tests that have been prescribed for you.

Not all tests necessitate the use of all six types of tubes. If a specific color is absent from the kit, the healthcare professional will move on to the next tube.

Please ensure that the patient information on each tube's label includes the name, surname, and date of birth.

TO HAVE YOUR BLOOD SAMPLE COLLECTED:

OPTION 1: ATTEND ONE OF OUR AFFILIATED LABORATORIES.

OPTION 2: EMPLOY A PRIVATE NURSE.

