

METHOD OF COLLECTION

PHANÈRES



IMPORTANT

IF YOU HAVE DIFFERENT TYPES OF SAMPLES TO TAKE, THE BLOOD SAMPLE SHOULD ALWAYS BE TAKEN LAST.

MATERIAL

To perform this sampling, we provide you with:

- 1 sterile container.



IMPORTANT

A minimum period of time must be observed between stopping antifungal treatment and taking the sample.

All treatment must have been stopped for at least:

- **3 months for systemic and/or local treatments using varnish or film-forming solution**
- **15 days for an antifungal cream.**

Wash your hands and feet with soap and water in the shower in the morning, scrubbing your nails to remove non-pathogenic fungi without using antiseptic soap. Do not apply moisturizer to your hands or feet on the morning of the sample collection. Avoid wearing nail polish.



STEP 1



Write your name, surname, date of birth, date and time of collection on the label of the tube provided.

STEP 2



Wash your hands thoroughly.

STEP 3

Skin

Rub the suspected burn with a gauze pad lightly soaked in 70% alcohol.

Large flakes, scabs, and macerated patches of skin are removed and discarded until very thin flakes appear at the edge of the suspected lesion. Using a scalpel or a sharp (sterile) curette, scrape towards the healthy tissue and collect particles of about 1 mm in size in the sterile container.

Nails

Carry out a preliminary disinfection to combat bacteria: for this, rub with 70% alcohol.

The material is taken from the nail after removing all the loose, easily detachable particles that must be discarded.

The sample is taken from areas where diseased tissue is in contact with healthy tissue.

Using a scalpel or a sharp (sterile) curette, thin shavings of nail are detached and collected in the sterile container.

Cutting parts of nails with scissors and sending them for examination is almost always unproductive!

STEP 4



Close the tube and place it in the bag provided for this purpose.