



## FECALSWAB



### IMPORTANT

IF YOU HAVE DIFFERENT TYPES OF SAMPLE TO TAKE, THE BLOOD SAMPLE SHOULD ALWAYS BE TAKEN LAST.

## EQUIPMENT

To take this sample, we provide you with :

- 1 sterile peelable bag containing a flocked swab and a green-capped tube.
- 1 collection tray (Fe-Col).



### IMPORTANT

The provided tube cannot be rinsed.

It contains a stabiliser which is essential for the analysis.

## PRACTICAL INFORMATION

If you also have to take a blood sample, you can collect your stool the day before or the day of the sample. However, be sure to keep your stool sample in the fridge until you are ready to send it.

*BEFORE TAKING YOUR SAMPLE: Please ask your doctor to find out whether your current treatment (medication, dietary supplement, etc.) should be temporarily suspended.*



Dry the rim of the toilet with paper and **place the collection tray** according to the instructions on the packaging. Defecate on the collection tray.



Open the peel-off bag. Take the flocked swab without touching the tip.



Dip the entire tip of the flocked swab into the stool sample and rotate so that the tip is completely immersed in stool. Note: preferably sample the viscous or liquid parts of the stool.



Remove the swab and check that the fecal matter is visible on the swab tip. If necessary, dip the swab back into the stool sample and rotate it again.



Transfer the swab into the FecalSwab tube and ensure that the maximum fill level "MAX.FILL" indicated on the label is respected.



Move the tube away from your face. Hold the end of the stem and bend it at a 180° angle to break the swab at the break-off point.



Discard the upper part of the swab stalk and screw the cap on tightly. Shake the tube until the sample appears homogeneous.



Write down your last name, first name and the date of sampling on the tube.